



fresco  
TOURS

## El Kinder Portugués Tour 2019

-an adventure from our backyard-



# El Kinder Camino Portugués Tour 2019

11 days & 10 nights: The Last 118 KMs to Santiago

Come join us on our kinder version of the Camino Portugués! We'll enjoy the same charming scenery of the Iberian Peninsula, but at a lighter, gentler pace. Our good friend, the yellow arrow, will keep us company as we cross over the River Miño and enter into Spain. Our Camino also takes us through the town of Padrón, where Santiago's stone boat brought him back to Spain.

## 2019 El Kinder Camino Portugués Tour

Apr 27 – May 7, 2019  
 May 20 – 30, 2019  
 July 15 – 25, 2019  
 Aug 12 – 22, 2019  
 Sept 9 – 19, 2019  
 Sept 16 – 26, 2019  
 October 7 – 17, 2019

Price (11 days / 10 nights): 2,800€  
 Single Supplement: 400€



### Day 1: Porto to Guimarães

We pick-up the group in the afternoon in Porto and head for the countryside to the birthplace of Portugal as an independent country, Guimarães. In 1100, Portugal's first King, Afonso Henriques, was born inside the thick walls of the medieval castle that overlooks the town. Before dinner we have a stroll and then sit down for our Orientation Meeting to discuss our journey along the Camino de Santiago.

Accommodations: Guimarães (D)

### Day 2: Vitorino de Piares to Ponte de Lima

After breakfast, we hop in the van and shuttle to Vitorino where we hit the trail and have a warm up of our week to follow. We lace up our boots to take our first steps on the Camino, getting our first stamp in the parish town of Vitorino de Piares! We finish in the lovely river valley town of Ponte de Lima. What are all those Roman soldiers doing here?

Accommodations: Ponte de Lima (B,L,D) / Walking: 12 KMs or 7 miles

### Day 3: Valença to Orbenlle

From the fortress town of Valença, we cross over the River Miño and enter into Spain. As both Portugal and Spain are European Union members, the only passport you'll need is your Pilgrim's Passport, but remember that the word for stamp will change from *carimbo* to *sello*. Once across the border, we admire the 12<sup>th</sup> century Santa Maria Cathedral in Tui.

Accommodations: Tui (B,L,D) / Walking 12KMs or 7 miles

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## Day 4: Orbenlle to Mos

In the morning, we pass through O Porriño, a town known for its unique city hall architecture and its prized granite cutting mills. We continue on to Mos, where the Louro River and the quiet Galician countryside keep us company before returning for another lovely evening in Tui. (B, L, D)  
Accommodations: Tui (B,L,D) / Walking: 12 KMs or 7 miles

## Day 5: Mos to Arcade

Today we get the blood pumping with a good climb up to the Monte de Santiago de Antas, where we find another Roman mile marker to remind us that we are getting closer. The Camino then takes us to Redondela. Here we get our first glimpse of the Estuary of Vigo, where mussels and scallops are farmed on floating barges!

Accommodations: Pontevedra (B,L,D) / Walking:  
17 KMs or 10 miles

## Day 6: Arcade to Pontevedra

Our walk takes us by the beautiful stone arches of the old Ponte Sampaio, the scene of an important town battle against Napoleonic troops in 1809. Back in Pontevedra for the evening, we must stop in and get a stamp at La Peregrina, the 18th century chapel whose floor is in the shape of a scallop shell!  
Accommodations: Pontevedra (B,L,D) / Walking:  
13KMs or 8 miles



## Day 7: Pontevedra to El Parque Natural de Ria Barosa

Leaving the city of Pontevedra, we quickly return to nature, crossing through quiet, wooded paths where we come to the granite Cross of Amonisa with the carved figure of Santiago facing our destination. We finish our day in Caldas de Reis, whose natural thermal springs have made this a place to soak your weary feet for thousands of years.

Accommodations: Caldas de Rei (B,L,D) / Walking: 16 KMs or 10 miles

## Day 8: El Parque Natural de Ria Barosa to San Miguel

Wander along the Camino through one of Galicia's best treasures today: the pleasant vineyards that produce the Rias Baixas region's most popular white wine, Albariño. A favorite story, but with little truth, is that the Albariño grape was brought to the region by German pilgrims on their way to Santiago. While it's true origin remains a mystery, its flavor continues to captivate many.

Accommodations: Caldas de Rei (B,L,D) / Walking: 18 KMS or 11 miles



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## Day 9: San Miguel to Rua de Francos

Padrón (or *pedrón* – Galician for big stone) pays homage to the famous rock where the boat that contained Saint James was moored to upon its arrival from Jerusalem after he had been martyred. Padrón is also famous in culinary circles for its little green peppers, some which are hot and others that are not.

Accommodations: Padrón (B,L,D) / Walking: 18KMS or 11 miles

## Day 10: Rua de Francos to Santiago de Compostela



8 days, 118 kilometers, and we have arrived in Santiago de Compostela. Congratulations! You are going to love this magical city filled with fantastic monuments and a lively buzz from the international pilgrims and university students that fill its medieval streets. After requesting our Compostela certificates at the Pilgrims' Office, we head to our hotel and get ready for our evening celebratory dinner!

Accommodations: Santiago de Compostela (B,L,D) / Walking: 12 KMs or 7 miles

## Day 11: Santiago de Compostela

After a buffet breakfast, our local historian gives us a closer look at the amazing Cathedral that has seen so many transformations since the original chapel built in the 9th century. After the tour, we sadly say our last "buen camino" as we leave you at the Cathedral in time for the Pilgrims' Mass at noon. (B)

## The Compostela & the Camino de Santiago Tour

This itinerary gives you the opportunity to walk the last 100KM into Santiago. This is a requirement needed to request the compostela, the certificate granted by the church of Santiago upon the completion of the pilgrimage. It is not mandatory, however, to walk 100km (60 miles) to participate in this Fresco Tour. As with all our trips, your walk is accompanied by a support van and shorter walk options are available on a daily basis.



*\*Please note: this itinerary is subject to slight modifications due to hotel availability, weather, festivals & other occurrences.*





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## WHAT TO EXPECT:

Expect to have a wonderful time! We've designed each trip to enjoy the stunning beauty of the Portuguese and Spanish landscape, while giving you a true sense of these mysterious people and their culture. We love to share this magnificent country and want you to feel a part of it.

## WHAT'S INCLUDED:

**2 Guides:** Our greatest resource! We know Spain, because it is our home. Both of your guides are experienced professionals that are either Spanish or live in Spain year round – no hired out summer help! In Porto and Santiago, we will be joined by local art historians, who will bring the monuments and cities to life! \* Groups of 3 - 6 pax are accompanied by only 1 guide.

**Meals:** Food speaks volumes about a culture and we love to eat! During our walk days, when possible, we prepare gourmet picnics using the freshest of local ingredients and selecting the tastiest recipes of the region. All breakfast, lunches and dinners are included. We are proud to cater to vegetarians and those with food allergies – milk, egg, wheat, etc.

**Accommodation:** Fresco Tours selects a combination of 3-4 star hotels and restored country manors that offer the best in hospitality, comfort and location. In this area, these are known as *Pazos* and *Pousadas* and are very unique and special - some date back to the 15<sup>th</sup> century! All rooms have in-suite baths. Tour prices are based on double occupancy.

**Limited Group Sizes:** Fresco Tours are in small groups to ensure that you receive the individual attention that you deserve. We want to be able to treat each of our clients with a personal touch and we limit the groups to a maximum of 15 participants. We also recognize that each person's Camino is their own personal experience and if you wish, we encourage you to walk on your own – with the assurance that we will be there for you!

**Support Vehicles:** Your walks will be accompanied by 2 support vehicles (minimum 6 pax) that are there to provide assistance when needed. You will have access to the bus every couple of hours, so you won't need to carry a heavy backpack. In addition, the possibility of shorter routes and pick-up options will be offered and explained on a daily basis.

**Ground transportation:** All ground transportation between our meeting point in Porto, Portugal and the Cathedral in Santiago de Compostela is provided on your Fresco Tour.

**Luggage transfers:** Your luggage will be transported between hotels. You do the walking, we'll do the lifting!

**Pre-Tour Assistance:** We will help with your travel arrangements prior to and after the tour start and finish of your Fresco Tour, including assistance with hotel reservations and train tickets.